

## ***Awareness Programme for Adolescent Girls***



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- Fellowship in Reproductive Medicine
- Fellowship in Minimal Access Surgery
- Consultant Obstetrician & Gynecologist ,  
IVF specialist & Sinologist

### ***Highlights of Awareness Programme***

- ✚ *Pre - Conceptional care & counseling*
- ✚ *Abdominal and pelvic examination*
- ✚ *Depression screening*
- ✚ *Health Benefits of exercise*
- ✚ *Link between physical activity and cancer*
- ✚ *Menstrual Problem*
- ✚ *Dietary Modification*
- ✚ *Hypertension*
- ✚ *Vaccination Recommendation*

